



Preschool
59 Haerehuka Street, Otorohanga

Sleeping Children Policy

Rationale

To ensure that in every place, for every sleep, the safety and well being of the children are protected.

Procedures

1. Hopscotch will provide an area for children who need to sleep while at Hopscotch.
2. Children will be provided with individual beds. Mattresses will be wiped down with a disinfectant solution after each use.
3. All children will be provided with their own bedding by their parents or caregivers. Bedding will be returned on a weekly basis, or sooner if necessary, for washing. Between sleeps, bedding will be stored in individual, named bags. Hopscotch will ensure there is adequate spare bedding kept on the premises for emergencies. Mattresses and covers will be replaced immediately if damaged.
4. Children will sleep in lightweight clothing depending on the temperature of the centre. Hats and hooded clothing will be removed.
5. Beds will be arranged appropriately to be respectful of all cultures, ie no feet to head. Adults will have clear access to at least one side (meaning length, not width) of the beds.
6. Sleeping children will be monitored at all times. The children will be checked every 5-10 minutes (or more frequently according to individual needs) for warmth, breathing and general well-being. When teachers are in the sleeping area, they will ensure the curtain remains ajar so that the area remains visible from the inside play space.
7. Children will not be given any food or fluids in bed.
8. Families/whanau will be informed of the contents of this policy upon enrolment.